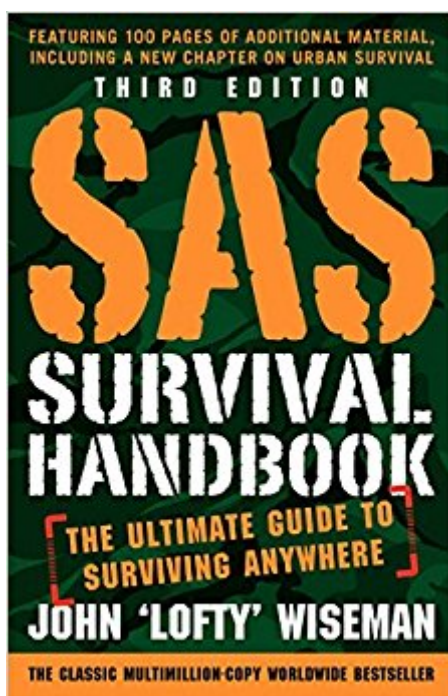


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# SAS Survival Handbook, Third Edition: The Ultimate Guide To Surviving Anywhere



## Synopsis

The ultimate guide to surviving anywhere, now updated with more than 100 pages of additional material, including a new chapter on urban survival "A classic outdoor manual [that] addresses every conceivable disaster scenario. Don't leave home without it"--Outside magazine Revised to reflect the latest in survival knowledge and technology, and covering new topics such as urban survival and terrorism, the #1 multimillion-copy worldwide bestseller SAS Survival Handbook by John "Lofty" Wiseman is the definitive resource for all campers, hikers, and outdoor adventurers. From basic campcraft and navigation to fear management and strategies for coping with any type of disaster, this complete course includes: Being prepared: Understanding basic survival skills, like reading the weather, and preparation essentials, such as a pocket survival kit. Making camp: Finding the best location, constructing the appropriate shelter, organizing camp, staying warm, and creating tools. Food: What to eat, what to avoid, where to find it, and how to prepare it. First aid: A comprehensive course in emergency/wilderness medicine, including how to maximize survival in any climate or when injured. Disaster survival: How to react in the face of natural disasters and hostile situations and how to survive if all services and supplies are cut off. Self-defense: Arming yourself with basic hand-to-hand combat techniques. Security: Protecting your family and property from intrusion, break-ins, and theft. Climate & terrain: Overcoming any location, from the tropics to the poles, from the desert to the mountains and sea.

## Book Information

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## Customer Reviews

"A classic outdoor manual. ... Written by John Wiseman, former survival instructor for

Britain's elite Special Air Service (an all-conditions strike force considered by some to be tougher than the U.S. Navy SEALs), the book addresses every conceivable disaster scenario. ... Don't leave home without it. (Outside magazine) "This step-by-step survival bible has... prepared [me] for anything. ... This edition's most valuable lessons arrive in its new Urban Survival section, which features tactics for countering espionage and dealing with urban animal attacks. (Washington Post)

The ultimate guide to surviving anywhere, now updated with more than 100 pages of additional material, including a new chapter on urban survival "A classic outdoor manual [that] addresses every conceivable disaster scenario. Don't leave home without it"--Outside magazine Revised to reflect the latest in survival knowledge and technology, and covering new topics such as urban survival and terrorism, the multimillion-copy worldwide bestseller SAS Survival Handbook by John "Lofty" Wiseman is the definitive resource for all campers, hikers, and outdoor adventurers. From basic campcraft and navigation to fear management and strategies for coping with any type of disaster, this complete course includes: Being prepared: Understanding basic survival skills, like reading the weather, and preparation essentials, such as a pocket survival kit. Making camp: Finding the best location, constructing the appropriate shelter, organizing camp, staying warm, and creating tools. Food: What to eat, what to avoid, where to find it, and how to prepare it. First aid: A comprehensive course in emergency/wilderness medicine, including how to maximize survival in any climate or when injured. Disaster survival: How to react in the face of natural disasters and hostile situations and how to survive if all services and supplies are cut off. Self-defense: Arming yourself with basic hand-to-hand combat techniques. Security: Protecting your family and property from intrusion, break-ins, and theft. Climate & terrain: Overcoming any location, from the tropics to the poles, from the desert to the mountains and sea.

With a good editor, this could be a good book. But as is, it covers too many topics, from how to deal with computer viruses (keep your software updated, use an anti-virus program) to warnings about scurvy ('always aim for a balanced diet'). There are pages devoted to wood-boring insects. There's an illustration of a Corgi. Worse, the book is shallow in its investigation of useful options. For emergency winter survival, it's odd to recommend an igloo (slow to make, hard to construct without a snow saw, and tough to complete in poor conditions) but to omit mention of a snow trench (fast, easy, and warm enough to shelter me on many trips), or even a snow-cave, a simple compromise. And the information shared has no filter. A beginner has no way of parsing the

laundry-list of knots to prioritize a square knot (essential) over a Killick hitch (easily replaced by more versatile alternatives); there's no mention at all of how to make an improvised harness, despite several sections on emergency climbing and rappelling. In the section on explosions, Wiseman advises ways to safely exit a building before the spread of fire, but then says 'If you are caught in an explosion in a building, then stay there until safe to do so' [sic], without further explanation. Finally, it's unreliable. There are pure factual errors (people cannot survive 12 days without water, even in cool temperatures) and frequent mixing of good and poor advice (crossing a river in a group one behind the other is terrible, exposing each to the full force of the water, while crossing in a line facing downstream, with arms interwoven, is universally recommended). I don't write many reviews, and even fewer poor reviews - why disparage something others enjoyed? But this is meant to be a practical book, and it sets the bar too low. Pare it down and keep the information accurate. At half the length this could be twice as valuable. Here are links to better books on the areas discussed. I know too little about bushcraft and trapping to recommend one there - any suggestions appreciated. For rope, climbing, and mountaineering skills, *Mountaineering: Freedom of the Hills*, 8th Edition. If you just want information on snow caves (another better alternative to an igloo), Ernest Wilkinson's slim book is out-of-print but easy to find: *Snow Caves for Fun and Survival*. For glacier travel, crevasse rescue, and high-angle rescue in general, Andy Selter's book is remarkably efficient. A few pages go a long way on each topic: *Glacier Travel & Crevasse Rescue: Reading Glaciers, Team Travel, Crevasse Rescue Techniques, Route-finding, Expedition Skills* 2nd Edition. For emergency wilderness medicine, Eric Weiss' books are the most popular, and they're fine. But I prefer Buck Tilton's, in part because I did my Wilderness EMT training with him, but also for their concise explanations. Here's his most comprehensive: *Wilderness First Responder: How To Recognize, Treat, And Prevent Emergencies In The Backcountry*

If you are like me you want to have solid survival and bushcraft knowledge on you when you go hiking. I know some basics but if a real situation happened there is no way I would know what to do beyond try to build a fire. The full-size SA Survival Handbook is incredible, but it is a large book and pretty heavy for a day hike pack. To my delight, there is a "pocket guide", or a small guide that will fit nicely into your pack. Sure you can get information on your phone, but phones die, service can be spotty or gone. This is a nice piece of confidence to carry with you! I would certainly recommend this book as a daily hiking carry!

This book to me is one of the most important books in my library. Just like he said in his introduction

the world is changing and with change there is always danger around the corner to challenge our survival instinct. I never gave learning survival skills a second thought but now having a family I wonder what I could do if we were put in a situation that threatened us such as natural and man-made disasters or if I went camping in the woods and got lost. I went searching on the web and came across this book and I'm glad I purchased it ( I also purchased build the perfect bug out bag by creek Stewart which I also give 5 stars). The third edition of the sas survival handbook covers wilderness survival skills such as:- preparedness- survival kit, pouch and knife- survival in different climates such as mountains, polar regions, islands, deserts and tropical regions- food such as how to catch and cook animals, how to identify what plants to eat and what to avoid etc- how to make a fire with what's around you- how to make tools- navigating with or without maps- surviving at sea- first aid etc There is heaps of information that a novice like me can understand. There is also a section on urban survival which covers self-defence, protecting your family and home and what to do when disaster hits your city. This book is very comprehensive and I recommend this book for everyone it is handy to keep in the house and definitely a book to read here and there and it's something to practice because learning even the basic survival skills is an important skill in life.

This might look like a small book. But in fact is the best survival, bushcraft and camping book available. I have the larger Survival Handbook 3rd Ed. as well as the Romanian version, and these books are must have for everyone. Highly recommended!

A must have survival guide, super handy and very easy to find what you need in a hurry. This covers the whole gambit including how to prepare or deal with whatever climate you happen to be surviving in which is one step further than all of my other guides have taken it. It also covers meals and has great advice on not starving and how to keep from poisoning yourself. I've read through it once, employed the tactics twice and I've only had it for two weeks so far. This should more than pay for itself! Also it's affordable compared to some of the other guides at the same size. (Which do NOT include climate advice and prep). I will admit the book is smaller than I expected but quickly realized it fit perfectly in my day pack pocket, it's like it was sized like that on purpose.

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